



# Special Equestrians, Inc.

PO Box 61528  
 Fort Myers, FL 33906-1528  
 telephone: 239.226.1221  
 fax: 239.226.1279  
 email: spequestrians@gmail.com  
 website: www.specialequestrians.net

## Information for Health Care Provider

**Dear Health Care Provider:**

Your patient is interested in participating in supervised equine activities. In order to safely provide this service, Special Equestrians requests that you complete/update the Information for Health Care Provider Form and the Medical History and Physician's Statement Form. Please note that the following conditions may suggest precautions and contraindications to equine activities. When completing this form, please note whether these conditions are present, and to what degree. **Please include the patient's current weight. This information is very important in determining a suitable horse for a participant in our therapeutic horseback riding program.**

**PATIENT'S NAME** \_\_\_\_\_ **Date** \_\_\_\_\_

<u>ORTHOPEDIC</u>	<u>COMMENTS</u>	<u>MEDICAL/PSYCHOLOGICAL</u>	<u>COMMENTS</u>
Atlantoaxial Instability		Allergies	
Coxarthrosis		Animal Abuse	
Cranial Deficits		Cardiac Condition	
Heterotopic Ossification/Myositis Ossicans		Physical/Sexual/Emotional Abuse	
Joint subluxation/dislocation		Blood Pressure Control	
Osteoporosis		Dangerous to self or others	
Pathologic Fractures		Respiratory Compromise	
Spinal Joint Fusion/Fixation		Fire Setting	
Spinal Joint Instability/Abnormalities		Hemophilia	
		Medical Instability	
		Migraines	
<u>NEUROLOGIC</u>		PVD	
Hydrocephalus/Shunt		Substance Abuse	
Seizure		Exacerbations of medical conditions (e.g. RA, MS)	
Spina Bifida/ Chiari II Malformation/ Tethered Cord/ Hydromyelia		Weight Control Disorder	
		Thought Control Disorders	
<u>OTHER</u>		Recent Surgeries	
Age - under 4 years			
Medications - i.e. photosensitivity			
Poor Endurance			
Skin Breakdown			
Indwelling Catheters/Medical Equipment			

Thank you very much for your assistance. If you have any questions or concerns regarding this patient's participation in equine assisted activities, please feel free to contact the center at (239) 226-1221.

Sincerely,

Special Equestrians, Inc.



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## Participant's Medical History & Physician's Statement

**Participant:** \_\_\_\_\_ **DOB:** \_\_\_\_\_ **Height:** \_\_\_\_\_ **Weight:** \_\_\_\_\_

**Diagnosis:** \_\_\_\_\_ **Date Of Onset:** \_\_\_\_\_

**Past/Prospective Surgeries:** \_\_\_\_\_

**Medications:** \_\_\_\_\_

**Seizure Type:** \_\_\_\_\_ **Controlled:** Y N **Date of Last Seizure:** \_\_\_\_\_

**Shunt Present:** Y N **Date of Last Revision:** \_\_\_\_\_

**Special Precautions/Needs:** \_\_\_\_\_

**Spasticity or Rigidity:** Y N \_\_\_\_\_

**Mobility:** Independent Ambulation Y N Assisted Ambulation Y N Wheelchair Y N

**Braces/Assistive Devices:** \_\_\_\_\_

**For those with Down syndrome:** **Neurologic Symptoms of AtlantoAxial Instability:** \_\_\_\_\_ Present \_\_\_\_\_ Absent

*Please indicate current or past special needs in the following systems/areas, including surgeries. These conditions may suggest precautions and contraindications to equine activities.*

<u>SYSTEM / AREA</u>	<u>Y</u>	<u>N</u>	<u>COMMENTS</u>
Auditory			
Visual			
Tactile Sensation			
Speech			
Cardiac			
Circulatory			
Integumentary/Skin			
Immunity			
Pulmonary			
Neurologic			
Muscular			
Balance			
Orthopedic			
Allergies			
Learning Disability			
Cognitive			
Emotional/Psychological			
Pain			
Other			

**\*\*\*SIGN AND DATE THIS FORM BELOW \*\*\***

Given the above diagnosis and medical information, this person is not medically precluded from participation in equine-assisted activities and/or therapies. I understand that the PATH Intl. Center will weigh the medical information given against the existing precautions and contraindications. Therefore, I refer this person to the PATH Intl.Center for ongoing evaluation to determine eligibility for participation.

**Name/Title:** \_\_\_\_\_ MD DO NP PA Other \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Phone:** ( ) \_\_\_\_\_ **License/NPI Number** \_\_\_\_\_